

Mittens in a Blink

Super Bulky Mittens...that really fit! by [Mary Ann Stephens](#)



Knit in Malabrigo "Rasta"



Knit in Dale Garn "Hubro"

Finished circumference: 8" to fit an adult lady's hand.

Suggested yarn:

Left: One 5.25 oz / 150 gram skein of Malabrigo "Rasta" super bulky 100% merino wool yarn, 90 yds / 82m.

Right: Two 3.5 oz / 100g balls of Dale Garn "Hubro" super bulky 100% pure new wool, 72 yds / 66m.

Suggested needles:

Main needle: One set of 5 double pointed needles in US size 10 (6.0mm) or 10½ (6.5mm). *Alternatively, you can use two circular needles, or one extra long (32" or longer) needle with the "magic loop" method.*

USE WHATEVER SIZE YOU NEED TO OBTAIN THE GAUGE, BELOW!

Cuff needle: Your cuff needle(s) should be two sizes smaller than your main needle(s).

Suggested notions:

Three stitch markers; two 1" long safety pins (or comparable stitch holders); crochet hook or tapestry needle for weaving in ends; ruler.

Gauge: **12 stitches and 20 rows = 4"/10cm** in circular stockinette stitch (*all knit stitches*).

This gauge is intentionally tighter than the label gauge on this yarn, for an extra warm and sturdy mitten. Substitute yarns require a similar label gauge - 2 to 2½ stitches per inch - to be knit at 3 stitches per inch.

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Abbreviations:

CO = cast on; **EOR** = end of round; **K** = knit; **k2tog** = knit 2 stitches together; **M1f** = “make one, front” = insert left needle, front to back, under strand of yarn between previous stitch and next stitch; knit this lifted stitch through back loop; 1 stitch increased; **M1b** = “make one, back” = insert left needle, back to front, under strand of yarn between previous stitch and next stitch; knit this lifted stitch through front loop; 1 stitch increased; **P** = purl; **rd(s)** = round(s); **rem** = remaining; **sl** = slip (purlwise); **stm** = slip thumb marker; **ssk** = “slip, slip, knit” i.e., slip 2 sts individually knitwise, then K those 2 sts together; **st(s)** = stitch(es).

Instructions:

Cuff: Using the smaller / cuff needle(s), CO 24 sts. (I used the “knitted” CO method, without twisting the new st before sliding it on, but most any CO method will do nicely.) Place marker for EOR. Join work circularly. K 1 rd. *K 1, P 1, repeat from * until cuff measures 2¼” from CO edge, or desired length.

Right mitten:

CHANGE TO LARGER NEEDLE(S).

Thumb gusset:

K 2 rds. K 1, place thumb marker, M1f, K 1, M1b, place thumb marker, K all sts to EOR. (26 sts rem.)

K 2 rds. K 1, stm, M1f, K 3, M1b, stm, K all sts to EOR. (28 sts rem.)

K 2 rds. K 1, stm, M1f, K 5, M1b, stm, K all sts to EOR. (30 sts rem.)

K 2 rds. K 1, stm, M1f, K 7, M1b, stm, K all sts to EOR. (32 sts rem.)

K 3 rds.

K 1, discard 1st thumb marker, sl the next 5 sts to one of the safety pins, sl the next 4 sts to the other safety pin, discard 2nd thumb marker, CO 3 sts (backward loop method), K all sts to EOR. (26 live sts total.)

K 1 rd. Ssk, K 1, k2tog, K to EOR. (24 live sts rem.) Proceed to “Mitten body”, below.

Left mitten:

CHANGE TO LARGER NEEDLE(S).

Thumb gusset:

K 2 rds. K until 2 sts rem in rd, place thumb marker, M1f, K 1, M1b, place thumb marker, K 1. (26 sts rem.)

K 2 rds. K to 1st thumb marker, stm, M1f, K 3, M1b, stm, K 1. (28 sts rem.)

K 2 rds. K to 1st thumb marker, stm, M1f, K 5, M1b, stm, K 1. (30 sts rem.)

K 2 rds. K to 1st thumb marker, stm, M1f, K 7, M1b, stm, K 1. (32 sts rem.)

K 3 rds.

K to 1st thumb marker, discard 1st thumb marker, sl the next 5 sts to one of the safety pins, sl the next 4 sts to the other safety pin, discard 2nd thumb marker, CO 3 sts (backward loop method), K 1 to EOR. (26 live sts total.)

K 1 rd. K until 5 sts rem in rd, ssk, K 1, k2tog. (24 live sts rem.) Proceed to “Mitten body”, below.

Mitten body:

K 11 rds, or until mitten length = desired length *minus* 1¾” / 4.5cm.

K 1, ssk, K 6, k2tog, K 2, ssk, K 6, k2tog, K 1. K 2 rds. (20 sts rem.)

K 1, ssk, K 4, k2tog, K 2, ssk, K 4, k2tog, K 1. K 1 rd. (16 sts rem.)

K 1, ssk, K 2, k2tog, K 2, ssk, K 2, k2tog, K 1. K 1 rd. (12 sts rem.)

Cut yarn, leaving a 3” tail; run yarn through center of all 12 rem sts; gather sts; thread yarn through center of gathered sts, to inside of mitten, and weave in place.

Thumb:

Moving clockwise, pick up all 9 sts from both safety pins, pick up 1 st along the left side of the thumb opening** pick up all 3 sts CO earlier over the thumb opening, pick up 1 st along the right side of the thumb opening** (14 sts total).

** (Optional: To avoid holes near the base of the thumb, it may help to knit into the back of the two side sts.)

K 9, ssk, K 1, k2tog. (12 sts rem.) K 1 rd. K 8, ssk, K 1, k2tog (stealing 1 st from next rd.) (10 sts rem.)

K 8 rds, or until desired length. Cut yarn, leaving a 3" tail; run yarn through center of all 10 rem sts; gather sts; thread yarn through center of gathered sts, to inside of thumb, and weave in place. Weave in any other loose ends. Wash and block, if necessary. Wear in happiness!



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